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This workshop will introduce, and look at the practical implications of, a pluralistic approach to counselling, psychotherapy and psychological practice. This framework was developed with John McLeod in the 2000s, and has since been adopted by a number of practitioners and training institutes across the UK and internationally.

Pluralistic therapy — Mick Cooper Training and Consultancy

Synopsis Mick Cooper and John McLeod pioneer a major new framework for counselling theory, practice and research - the 'pluralistic' approach. This model breaks away from the orientation-specific way in which counselling has traditionally been taught, reflecting and responding to shifts in counselling and psychotherapy training.

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