

Exercise Physiology For Health Fitness And Performance

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~~Exercise Physiology for Health, Fitness, and Performance ...~~

This pre-trial testimony indicated that the trainer graduated from college with a degree in health/wellness exercise physiology and had taken classes over a four year program in anatomy, physiology, exercise physiology, kinesiology and sports nutrition. ... ACSM's Health/Fitness Facility Standards and Guidelines, Fourth Edition, Human ...

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