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Book, it contains in-depth readings on recovery, our Fellowship, common questions, and personal stories from codependents. Sometimes erroneously referred to as the CoDA Blue Book. (2 CDs)-Personal Sharing on the

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understand, as all God ' s people
should, how wide, how long, how
high, and how deep his love is.

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Demonstrates using healthy interaction with others and continuous commitment to the process. • Starts newcomers listening and testing their understanding with such statements as: "This is what I thought I heard you say."

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Beattie. Click [here](#) to open ONE file
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steps, or click a specific step below.

12-Step Study Exercises - coda-
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As a CoDA member commits to
working the program using this
method, the 30 questions and Daily

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Journal Checklist will move them gently through the first three steps using the CoDA Blue Book as the reference. This is a work in progress and may be revised from time to time. (Last Revision: January 22, 2011)

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profit service arm of CoDA, Inc. Our mission is to reach codependents who still suffer through the experience, strength and hope shared by other codependents in our literature.

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CoDA Recovery Program We find by working the Steps and Traditions, we find the strength to be that which God intended, Precious & Free, with healthy, loving relationships. We find the Promises coming true, one day at a time.

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from mental health america, Beyond codependency workbook, Understanding codependency, 2011 patterns of recovery 2015, Getting started working steps 1 2 3 using the 30 questions, Coda beattie 12 steps, Friel co dependency ...

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feels with the questions, the more likely it is that the work would probably be incredibly helpful. It's good medicine, difficult as it may be to swallow.

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booklets “ Common Threads of
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